



# Short courses for nurses and midwives



## Expand your career options

Have you completed a Bachelor of Nursing or Midwifery and are looking to advance your career? La Trobe University offers a range of short courses.

Our suite of Continuing Professional Development (CPD) programs, webinars and workshops are designed to help you further your skills and broaden your career opportunities.

Courses are highly flexible and delivered in a variety of modes to suit your lifestyle and needs. Each course has been designed to meet current best practice standards, giving you the tools for a successful and fulfilling career.



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UNIVERSITY

All kinds of clever

OUR SCHOOL OF NURSING AND MIDWIFERY IS ONE OF  
**AUSTRALIA'S  
OLDEST TERTIARY  
NURSING SCHOOLS**

WE ARE RATED WELL  
**ABOVE WORLD  
STANDARD**  
FOR OUR NURSING  
RESEARCH\*

WE'RE IN THE  
**TOP 1.4%**  
OF UNIVERSITIES GLOBALLY\*\*

\* Excellence in Research Australia 2015  
\*\* QS World University Rankings 2017



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### **Comprehensive Health Assessment of the Older Person**

Offered to all nurses from all sectors who provide care to people aged 75 years and over, this four-day face-to-face workshop provides the opportunity to update your knowledge and clinical assessment skills. Over the first three days, you'll participate in interactive hands-on development aided by simulation mannequins, exploring areas such as psychosocial, nutrition and musculoskeletal assessment in older people. The final day of the workshop, held six weeks later, is dedicated to feedback and reflective practice.

### **Nurse Immuniser Program**

This flexible short course is offered to registered nurses who wish to become independent nurse immunisers in Victoria. You'll complete a theory component online, complemented by two on-campus workshops and a clinical practicum. By the end of the course, you'll have gained the skills to promote and provide immunisation services across the life span.

### **Wound Management Training**

World of Wounds is La Trobe University's internationally renowned education platform offered to all health professionals. This program is designed to enhance wound clinical decision-making, with programs broken down into specific areas:

- Wound Fundamentals
- Wound Debridement
- Wounds Comprehensive
- Burns in Primary Care
- Lymphoedema
- Skin Care and Skin Conditions
- Stoma Therapy.



## **ONLINE COURSES**

### **Introduction to Breast Care Nursing**

This flexible online course is designed to help you develop your skills in nursing-associated issues for women living with breast cancer. Key topics include early detection of cancer, and providing support for women during and between treatments.

### **Prostate Nursing Care**

This online short course will give you a better understanding of the nursing assessment and treatment options for men who have prostate cancer. You'll learn about the health, lifestyle and family issues commonly experienced by men who have prostate disorders, and gain the skills to assess and manage symptoms.

### **Pain Management**

Pain management is a crucial skill that affects all areas of nursing care. We invite registered nurses with all levels of experience to sign up for this 12-week online course. You'll learn to refine your patient assessment skills, covering topics such as multi-modal analgesia, acute and chronic pain, neuropathic pain, and pain in special populations.

### **Book a course today**

Learn more about La Trobe University's short courses for nurses and midwives, or register online for an upcoming course:

[latrobe.edu.au/CPD](http://latrobe.edu.au/CPD)